Let LA ROCHETTE LANGUAGE & EQUESTRIAN CAMP inspire your teen this summer!

An exclusive all-girl summer camp in a natural setting & organic home-cooked meals.

Program Features *

- Weekend excursions to Bruges, Cologne, Namur, Durbuy, Dinant

Highlights

- Beach Riding in Nieuwvliet (The Netherlands) on weekends
- Natural Horsemanship classes
- Equine Shiatsu

Benefits

- Have fun while learning French 15h per week
- Receive professional equestrian training 15h per week
- Have a complete French immersion experience
- 4-5 students per class

Early Bird Discount of 10% for bookings until January 31. Refer family or friends for additional discounts.
La Rochette is officially recognized as 3-star bed and breakfast by the Commissariat Général au Tourisme de la Région Wallonne, member of the Federation “Accueil Champêtre en Wallonie”, and selected as “Charming Bed and Breakfast of Belgium”.

La Rochette Summer Camp is an exclusive family-run and operated equestrian and French language immersion camp with excellent outdoor and indoor lodging facilities. Ferme de la Rochette will host you in a magnificent setting and provide you with home-cooked, organic meals made from locally grown produce.

This all-girl French and equestrian program for teenagers aged 13-18 includes 15 hours of language classes in our converted barn and 15 hours of equestrian training per week. Develop your reading, writing, speaking and comprehension skills and train in the classic (English) style of riding, all in a fun French immersion environment.

Take advantage of living in our 400-year-old manor and guesthouse located in the middle of a listed site spread out over 12.5 acres in the valley of the Vyle river. The breathtaking scenic beauty of the Deep Condroz in the Namur region, with its many castles, farms and markets, will hold you spellbound as you immerse yourself in a complete French-speaking family environment.

The students sleep in our 3-star guest house and in the manor in 5 bedrooms with 2 beds each and share 4 bathrooms.

The manor house and outbuildings have undergone a complete ecological renovation and the land is pesticide-free with La Rochette being a member of the Natagora network of natural gardens.

La Rochette summer camp accepts only eight to ten participants from May to July, which guarantees an exclusive setting and small classes of four to five students. Language classes start at 9:00 am with the first group while the second group gets riding instruction. In the afternoon, from 1:00 to 4:00 pm, the order is reversed.

Evenings will be spent watching movies and/or playing games in French. Riding instruction, conversation during meals, and local excursions will be conducted in French. Every effort will be made to immerse campers in the French language. Every part of the program is designed to help the student speak, hear and understand conversational French.

Really learn French with our highly communicative and fun, designed to motivate and stimulate the students in their learning of French. Camp director and owner Michèle holds a master’s degree in conference interpreting with over 20 years of international experience. She also taught French and German interpretation at University of Liège and University of Mons. She will be your French teacher.

The emphasis is on speaking and comprehension, to equip the students with the everyday language needed to communicate. The goal of the lessons is as much to practice and consolidate French that students have already studied at school as it is to learn new topics such as going shopping, eating in restaurants, visiting tourist attractions, introducing themselves and making friends. If students have a particular area of French that they would like to work on, to compliment what they have been studying at school, they can also bring this to the class.

We’ll use a variety of different materials and resources, and adapt the activities to the interests of the particular group of students. Forget the boring French grammar exercises you do in school - think games, films, videos, dynamic activities and FUN!

The French lessons in our conference hall (converted barn) are highly communicative and fun, designed to motivate and stimulate the students in their learning of French. Camp director and owner Michèle holds a master’s degree in conference interpreting with over 20 years of international experience. She also taught French and German interpretation at University of Liège and University of Mons. She will be your French teacher.

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CAMP DURATION CAN VARY FROM 1 WEEK TO 10 WEEKS. ARRIVAL DAYS ARE ON SUNDAYS, FROM MID-MAY TO THE END OF JULY.

FRENCH TESTS WILL BE DONE ON MONDAY.

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Riding Facilities and Instruction Program

The Riding School of Ry de Lize in Marchin has excellent outdoor and indoor facilities with plenty of country trails. It has been established for 34 years and is a successful equestrian center run by Manu and his wife Bénédicte (“Didi”), a professional instructor who heads up the operation and instruction.

Ry de Lize is well known in the Benelux and organizes competitions in the disciplines of dressage, show jumping and cross country. This equestrian center offers a choice of well-trained horses to suit riders of all ages and abilities from first-timers to advanced students. Didi and her team use a caring and patient approach, encouraging beginners to progress with confidence. More experienced riders, right up to advanced and competition standard, will improve their skills under the professional guidance of the highly regarded instructors.

For the beginners and less experienced riders
the time spent on horseback will be about one hour at the start and as the course progresses riding time will be increased. For more experienced riders the aim will be to spend about 90 minutes actually riding. Experienced riders will be taken through a more advanced program.

With the guidance of the team of instructors, riders of all abilities will make steady progress with beginners and intermediates walking, trotting, cantering then jumping logs and eventually small fences.

As a break from lessons campers will also enjoy riding with our 5 horses at La Rochette: Mikado, Digur, Bianca, Amais et Phoenix.

In addition to the riding instruction, campers will also learn about the care of horses, tacking up and stable husbandry, all essential elements of this comprehensive course. They will also benefit from natural horsemanship courses with our licensed instructor Alexandre.

The facilities at Ry de Lize include:

* A spacious indoor arena with a sand and rubber surface, sprinkler system and a viewing area
* An outdoor floodlit arena with a sand surface
* 50 acres of paddocks
* Access to country trails

Daily Schedule Monday to Friday

9:00 AM - 12:00 PM
French Class at Ferme de la Rochette or Equestrian Camp

12:00 PM - 12:45 PM
Lunch

12:45 PM
Transfer to Centre Équestre Ry de Lize

1:00 PM - 4:00 PM
French Class or Equestrian Camp (for 2nd Group)

4:00 PM
Transfer to Ferme de la Rochette

4:20 PM
Snacks: Organic home-made cake and ice cream

5:00 PM - 7:30 PM
Activities: Horse riding and organized fun activities

7:30 - 8:30 PM
Dinner in the manor house
Excursion to Cologne

* Cologne in Germany is a gorgeous and ancient city, snuggled right next to the Rhine River. You will experience a guided Segway tour which takes you quickly to more than 20 top tourist attractions. The innovative Segway vehicles enable you to discover the city’s hot spots, including the world-famous Cathedral as well as the Rheinauhafen riverfront district and the Chocolate Museum, in a comfortable and environmentally friendly manner.
* We visit the world-famous cathedral, stroll the cobblestone streets and go shopping. Then we will visit the wonderful Lindt Chocolate Museum. This huge and modern museum looks much like a ship and is located right on the river front, just a short walk from the Cologne Cathedral (UNESCO world heritage). The visit will take you on a tour through 3,000 years of the history of chocolate, all the way from Aztec chocolate makers to the modern Lindt chocolate candies. The smell of chocolate permeates the building – it’s probably the best-smelling museum in the world!
* Boat cruise on the Rhine River

Excursion to Dinant

* and Dinant Adventures (Kayaking and more)

Excursion to Namur

* Segway Tour in Namur. Discover the Citadel’s astonishing catacombs! Enjoy a 1-hour guided tour of the catacombs, forming Europe’s largest existing underground citadel gallery network and climb aboard the tourist train. This 20-minute ride boasts stunning panoramic views over the town and valley of La Meuse. Then we take the boat “Namourette”. Lunch at the organic bakery “Le Pain Quotidien”. This internationally renowned bakery is a Belgian invention.

Excursion to Durby

* Spend an unforgettable day in the smallest town in the world. Descend the Ourthe in a kayak or on a raft. You will be a team of pirates searching for the treasure of Jack Sparrow. A series of clues are spread over your route. A giant treasure hunt takes you from the womb of the earth into the heights of the trees.

Excursion to Caves of Han

* The little village of Han-sur-Lesse is home to one of the most famous caves on our continent, the Cave of Han. The exceptional Cave of Han with the river Lesse that flows through it consists of a mysterious network which has not yet revealed all its secrets. Admire a sound and light show in the Chamber of Weapons and the reflection of the magnificent draperies in the magic mirror of the Lesse.

Excursion to Bruges

* Our students will learn how to massage their horse with the technique of Shiatsu.
* Shiatsu literally means “finger pressure” and is based on the concepts of traditional oriental medicine. Scientific research into acupuncture which is also based on Traditional Chinese Medicine, has found that both the nervous system and the endocrine system react cause change within the body. The basic techniques of Shiatsu involve pressure with palms, fingers and thumbs, along with rotations and stretches of legs, neck and tail. Horses particularly enjoy shiatsu as “touch” is a natural language for them.
* Zen Shiatsu will be practiced on weekends at La Rochette by licensed instructor Julie Fraselle-Lefebvre and looks at the horse as a whole, working with both the physical and psychological aspects. Quality of touch is therefore particularly important, as is treating each horse as an individual.

Natural Horsemanship Clinics (in June & July)

* With our licensed instructor and specialist Alexandre Leclercq. He will teach you the basics of this wonderful method of equine communication that creates a relationship with our horse based on mutual love, trust and respect. It produces profound results whether you’ve been riding your whole life or have never ridden at all. It builds trust and respect between you and your horse as partners with your horse looking to you as his leader. It’s an empowering method for English or Western, Dressage, Trail Riding, Reining, Jumping or any discipline one chooses.

Natural Horsemanship Classes

Beach riding in Nieuwvliet (in July)

* In the morning and evening, bike tour at beach resort Cadzand and Knokke.
INCLUDED

- French classes
- Books and material
- Equestrian camp
- Evening activities
- All weekend excursions are included in the program cost. Please consult our activities calendar for details on organized activities and excursions.
- Airport pick-up
- Accommodation (from Sunday to Saturday): Homestay 3 meals/day and snacks in the afternoon
- Transportation to riding center
- Health insurance for riding
- Transfer arrival and departure
- Registration fee

REQUIREMENTS

- 13 - 18 years of age at the start of the program
- Health insurance is obligatory for the duration of the program
- Students must bring their own helmet and riding boots

Costs in Euro
(stays from 1-10 weeks)

The program is customizable to meet your specific needs. Please contact us at welcome@fermedelarochette.be or +32 475672258 for a no-obligation consultation or quote.

1 week – 1720 € • 2 wks – 3300 € • 3 wks – 4500 € • 4 wks – 5600 € • 5 wks – 6500 € • 6 wks – 7300 € • 7 wks – 8100 € • 8 wks – 8900 € • 9 wks – 9600 € • 10 wks – 10.300 €

Start dates

Arrival days are on Sundays from mid-May till the end of July

www.FermeDeLaRochette.com

Discounts for family and referral of friends

See you soon!